



Explore with all your senses.



**Children's Hospital & Research Center Oakland's Hall of Health
FREE Admission Saturday in honor of Asian Pacific Islander Heritage month**

Saturday, May 10, 2008

Doors open from
10:00 AM to 4:00 PM

Breath Seminar presented by:
Art of Living Foundation
2:00 PM to 4:00 PM

In honor of Asian Pacific Islander Heritage Month, the Hall of Health is opening its doors for a FREE Admission Saturday, May 10, 2008. In addition to exploring all the hands-on exhibits at the Hall of Health, we have two guests. Participate in fun brain activities and brain-teaser games, and learn more about how the brain works with the folks from the Cognitive Control and Developmental Lab at the Helen Wills Neuroscience Institute. Come learn about the breath and how to reduce stress with the Art of Living Foundation during a free Science of the Breath Seminar from 2 PM to 4 PM.

At the Hall of Health
2230 Shattuck Avenue
Lower Level
Berkeley, CA 94704
(Underneath Shattuck Cinemas at the corner of Shattuck and Kittredge).

For more information, please call Chayo Ureño at (510) 705-8527.
www.hallofhealth.org