

2-DAY WORKSHOP EXCLUSIVELY FOR HIGH SCHOOLERS

LEARN WHAT IT'S LIKE TO BE AN ATHLETIC TRAINER

FRIDAY, APRIL 13, 2012, 5:30 p.m. to 8:30 p.m.

SATURDAY, APRIL 14, 2012, 8 a.m. to 5 p.m.



2-DAY WORKSHOP INCLUDES:

- Careers in Sports Medicine Overview
- Ankle Injuries and Taping Techniques
- Wrist, Hand, and Thumb Injuries and Taping
- Knee Injuries and RICE Therapy
- Stretching Techniques
- Low Back Injuries and CORE Training
- Sports Concussions
- Shoulder Injuries and Rehabilitation

Reserve your spot: 510-428-3558

Cost: \$99 per student

Location: Children's Hospital Oakland, Outpatient Center Auditorium, 744 52nd St., Oakland

Meals: Box lunch on Saturday

Perks: Class credit, certificate of completion, reference materials

Who should attend: High School students interested in a career in sports medicine



CHILDREN'S HOSPITAL & RESEARCH CENTER OAKLAND

SPORTS MEDICINE CENTER FOR YOUNG ATHLETES

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SPORTS MEDICINE CENTER
FOR YOUNG ATHLETES
747 52nd St., Oakland, CA 94609



Interested in a career in sports medicine?

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