



CHILDREN'S HOSPITAL
& RESEARCH CENTER OAKLAND



LOCATIONS IN OAKLAND • WALNUT CREEK • MODESTO

Sports Medicine Center for Young Athletes

744 52nd St., Oakland, CA 94609 • 510-428-3558 • www.childrenshospitaloakland.org

Ready All, Row!

Tips for Keeping you in the Boat and on the Water

Monday, November 23, 2009

7:00 p.m. – 8:00 p.m.

Outpatient Center Auditorium

744 52nd St., Oakland, Ca. 94609

Children's Hospital & Research Center Oakland

Guest Speaker:

Rebecca Demorest, MD, FAAP

Associate Medical Director

Sports Medicine Center for Young Athletes

Team Physician, Oakland Strokes

Jessica Martin, PT, DPT

Physical Therapist

Sports Medicine Center for Young Athletes



RSVP:

Sports Medicine Center, 510-428-3558, option 3

Please reserve your space as seating is limited.

Q&A to follow: *Athletes, parents, and coaches are invited to interact with the Sports Medicine Team in a Question & Answer session that follows the presentation.*

Upcoming Events:
**Tough Cuff- Sports Performance
and Injury Prevention Program**

Session I: 11/30/09-12/23/09

Session II: 01/04/10-01/28/10

More details about our Sports Medicine Center for Young Athletes can be found at www.childrenshospitaloakland.org or call the Sports Medicine Center at 510-428-3558