

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 Sydney Meckler, NP Orthopaedics Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology Arathi Lakhole, MD Gastroenterology Michael DiSandro, MD Urology Chau Tai, MD Plastic & Hand Surgery	3 Coleen Sabatini, MD Orthopaedics Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology Nicole Kittler, MD Dermatology Sunghoon Kim, MD Surgery Arathi Lakhole, MD Gastroenterology Geraldina Lionetti, MD Rheumatology Hematology/Oncology	4 Alix Wilson, PA Orthopaedics Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology Prita Mohanty, MD Gastroenterology Gail Seche, RD Nutrition Nicole Kittler, MD Dermatology Jordan Virbalas, MD Otolaryngology (ENT) Olajire Idowu, MD Surgery Michael DiSandro, MD Urology
7 Ravinder Brar, MD Orthopaedics Cindy Chang, MD Sports Medicine Eric Freitag, PsyD Concussion Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology Jamie Dy, MD Pulmonary Roger Long, MD Alison Reed, MD Endocrinology Hematology/Oncology	8 Sanjeev Sabharwal, MD Orthopaedics Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology Alison Reed, MD Endocrinology Mala Setty, MD Gastroenterology Chau Tai, MD Plastic & Hand Surgery Daniel Birnbaum, MD Bernice Cheng, PNP Neurology	9 Nirav Pandya, MD Orthopaedics Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology David Conrad, MD Otolaryngology (ENT) Arathi Lakhole, MD Sabina Ali, MD Gastroenterology Michael DiSandro, MD Urology Pre-Diabetes Clinic Endocrinology	10 Coleen Sabatini, MD Orthopaedics Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology Christina Lo, MD Nephrology Geraldina Lionetti, MD Rheumatology Arathi Lakhole, MD Gastroenterology Peter Sun, MD Neurosurgery Sunghoon Kim, MD Surgery Hematology/Oncology	11 Jason Jagodzinski, MD Sanjeev Sabharwal, MD Orthopaedics Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology Nicole Kittler, MD Dermatology Olajire Idowu, MD Surgery Gail Seche, RD Nutrition

Walk-in Lab Services available
Monday – Friday
8am-4pm; closed 12-1 for lunch
925-979-4000

Walk-in X-Ray available
Monday – Friday
8am-4pm; closed 12-1 for lunch
925-979-3400

Hearing & Speech Center
Monday – Friday
Audiology: 925-979-3440
Speech: 925-979-3446
Kelly Tremmel-Howell, AuD, CCC-A
Rebecca Richards, MS, CCC-A
Maria Villacis, MS, CCC-SLP

Sports Medicine Center for Young Athletes
Monday – Friday 8am-7pm
Saturday 8:30am-5pm
For appointments call: 925-979-3430

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<p>14</p> <p>Ravinder Brar, MD Orthopaedics</p> <p>Cindy Chang, MD Sports Medicine</p> <p>Eric Freitag, PsyD Concussion</p> <p>Jordan Virbalas, MD Otolaryngology (ENT)</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Jamie Dy, MD Pulmonary</p> <p>Mala Setty, MD Susan Hilk, NP Gastroenterology</p> <p>Roger Long, MD Jennifer Olson, MD Endocrinology</p> <p>Hematology/Oncology</p>	<p>15</p> <p>Alix Wilson, PA Orthopaedics</p> <p>Cindy Chang, MD Sports Medicine</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Jennifer Olson, MD Endocrinology</p> <p>Daniel Birnbaum, MD Bernice Cheng, PNP Neurology</p>	<p>16</p> <p>Sydney Meckler, NP Orthopaedics</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>David Conrad, MD Otolaryngology (ENT)</p> <p>Aris Oates, MD Nephrology</p> <p>Sabina Ali, MD Gastroenterology</p> <p>Chau Tai, MD Plastic & Hand Surgery</p> <p>Michael DiSandro, MD Urology</p> <p>Pre-Diabetes Clinic Endocrinology</p>	<p>17</p> <p>Coleen Sabatini, MD Orthopaedics</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Nicole Kittler, MD Dermatology</p> <p>Sunghoon Kim, MD Surgery</p> <p>Robert Rothbaum, MD Gastroenterology</p> <p>Geraldina Lionetti, MD Rheumatology</p> <p>Hematology/Oncology</p>	<p>18</p> <p>Alix Wilson, PA Orthopaedics</p> <p>Jordan Virbalas, MD Otolaryngology (ENT)</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Vivien Nguyen, MD Sabina Ali, MD Gastroenterology</p> <p>Olajire Idowu, MD Surgery</p> <p>Michael DiSandro, MD Urology</p>
<p>21</p> <p>Office Closed</p>	<p>22</p> <p>Sanjeev Sabharwal, MD Orthopaedics</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Prita Mohanty, MD Gastroenterology</p> <p>Jennifer Olson, MD Endocrinology</p>	<p>23</p> <p>Nirav Pandya, MD Orthopaedics</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Robert Rothbaum, MD Sabina Ali, MD Susan Hilk, MD Gastroenterology</p> <p>Chau Tai, MD Plastic & Hand Surgery</p>	<p>24</p> <p>Coleen Sabatini, MD Orthopaedics</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Prita Mohanty, MD Gastroenterology</p> <p>Geraldina Lionetti, MD Rheumatology</p> <p>Peter Sun, MD Neurosurgery</p> <p>Sunghoon Kim, MD Surgery</p> <p>Hematology/Oncology</p>	<p>25</p> <p>Jason Jagodzinski, MD Orthopaedics</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Gail Seche, RD Nutrition</p> <p>Olajire Idowu, MD Surgery</p> <p>Vivien Nguyen, MDMD Gastroenterology</p>
<p>28</p> <p>Ravinder Brar, MD Orthopaedics</p> <p>Cindy Chang, MD Sports Medicine</p> <p>Eric Freitag, PsyD Concussion</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Jamie Dy, MD Pulmonary</p> <p>Mala Setty, MD Prita Mohanty, MD Gastroenterology</p> <p>Jennifer Olson, MD Endocrinology</p> <p>Hematology/Oncology</p>	<p>29</p> <p>Sanjeev Sabharwal, MD Alix Wilson, PA Orthopaedics</p> <p>Cindy Chang, MD Sports Medicine</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Jennifer Olson, MD Endocrinology</p> <p>Daniel Birnbaum, MD Bernice Cheng, PNP Neurology</p>	<p>30</p> <p>Nirav Pandya, MD Orthopaedics</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Arathi Lakhole, MD Gastroenterology</p> <p>Chau Tai, MD Plastic & Hand Surgery</p>	<p>31</p> <p>Coleen Sabatini, MD Orthopaedics</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Geraldina Lionetti, MD Rheumatology</p> <p>Sunghoon Kim, MD Surgery</p> <p>Hematology/Oncology</p>	