

# November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			<p><b>1</b></p> <p>Coleen Sabatini, MD Ali Wilson, PA Orthopaedics</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Arathi Lakhole, MD Gastroenterology</p> <p>Sunghoon Kim, MD Surgery</p> <p>Geraldina Lionetti, MD Rheumatology</p> <p>Hematology/Oncology</p>	<p><b>2</b></p> <p>Alexandra Parrott, PA Orthopaedics</p> <p>Prita Mohanty, MD Gastroenterology</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Jordan Virbalas, MD Otolaryngology (ENT)</p> <p>Nicole Kittler, MD Dermatology</p>
<p><b>5</b></p> <p>Ali Wilson, PA Orthopaedics</p> <p>Cindy Chang, MD Sports Medicine</p> <p>Eric Freitag, PsyD Concussion</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Mala Setty, MD Gastroenterology</p> <p>Roger Long, MD Alison Reed, MD Endocrinology</p> <p>Hematology/Oncology</p>	<p><b>6</b></p> <p>Sanjeev Sabharwal, MD Orthopaedics</p> <p>Cindy Chang, MD Sports Medicine</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Alison Reed, MD Endocrinology</p> <p>Daniel Birnbaum, MD Bernice Cheng, PNP Neurology</p> <p>Chau Tai, MD Plastic &amp; Hand Surgery</p>	<p><b>7</b></p> <p>Nirav Pandya, MD Orthopaedics</p> <p>David Conrad, MD Otolaryngology (ENT)</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Arathi Lakhole, MD Gastroenterology</p> <p>Michael DiSandro, MD Urology</p> <p>Pre-Diabetes Clinic Endocrinology</p>	<p><b>8</b></p> <p>Coleen Sabatini, MD Ali Wilson, PA Orthopaedics</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Mala Setty, MD Arathi Lakhole, MD Gastroenterology</p> <p>Geraldina Lionetti, MD Rheumatology</p> <p>Sunghoon Kim, MD Surgery</p> <p>Peter Sun, MD Neurosurgery</p> <p>Hematology/Oncology</p>	<p><b>9</b></p> <p>Jason Jagodzinski, MD Orthopaedics</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Nicole Kittler, MD Dermatology</p>

**Hearing & Speech Center**

Monday – Friday

**Audiology: 925-979-3440**

**Speech: 925-979-3446**

Kelly Tremmel-Howell, AuD, CCC-A

Rebecca Richards, MS, CCC-A

Maria Villacis, MS, CCC-SLP

**Walk-in X-Ray available**

Monday – Friday

8am-4pm; closed 12-1 for lunch

925-979-3400

**Walk-in Lab Services available**

Monday – Friday

8am-4pm; closed 12-1 for lunch

925-979-4000

**Sports Medicine Center for Young Athletes**

Monday – Friday 8am-7pm

Saturday 8:30am-5pm

For appointments call: 925-979-3430

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<p><b>12</b></p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Eric Freitag, PsyD Concussion</p> <p>Hematology/Oncology</p>	<p><b>13</b></p> <p>Sanjeev Sabharwal, MD Orthopaedics</p> <p>Cindy Chang, MD Sports Medicine</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Jennifer Olson, MD Endocrinology</p> <p>Daniel Birnbaum, MD Bernice Cheng, PNP Neurology</p> <p>Chau Tai, MD Plastic &amp; Hand Surgery</p>	<p><b>14</b></p> <p>Nirav Pandya, MD Orthopaedics</p> <p>David Conrad, MD Otolaryngology (ENT)</p> <p>Jennifer Olson, MD Endocrinology</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Prita Mohanty, MD Sabina Ali, MD Gastroenterology</p> <p>Chau Tai, MD Plastic &amp; Hand Surgery</p> <p>Michael DiSandro, MD Urology</p> <p>Pre-Diabetes Clinic Endocrinology</p>	<p><b>15</b></p> <p>Ali Wilson, PA Orthopaedics</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Prita Mohanty, MD Vivien Nguyen, MD Gastroenterology</p> <p>Renee Howard, MD Dermatology</p> <p>Peter Sun, MD Neurosurgery</p> <p>Hematology/Oncology</p>	<p><b>16</b></p> <p>Jason Jagodzinski, MD Orthopaedics</p> <p>Jordan Virbalas, MD Otolaryngology (ENT)</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Vivien Nguyen, MD Gastroenterology</p> <p>Nicole Kittler, MD Dermatology</p>
<p><b>19</b></p> <p>Ravinder Brar, MD Orthopaedics</p> <p>Cindy Chang, MD Sports Medicine</p> <p>Eric Freitag, PsyD Concussion</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Jamie Dy, MD Pulmonary</p> <p>Sabina Ali, MD Gastroenterology</p> <p>Hematology/Oncology</p>	<p><b>20</b></p> <p>Ali Wilson, PA Orthopaedics</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Cindy Chang, MD Sports Medicine</p> <p>Daniel Birnbaum, MD Bernice Cheng, PNP Neurology</p>	<p><b>21</b></p> <p>Sydney Meckler, PA Orthopaedics</p> <p>Aris Oates, MD Nephrology</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Sabina Ali, MD Susan Hilk, NP Gastroenterology</p> <p>Chau Tai, MD Plastic &amp; Hand Surgery</p>	<p><b>22</b></p> <p><b>HOLIDAY</b></p> <p><b>Office Closed</b></p>	<p><b>23</b></p> <p><b>HOLIDAY</b></p> <p><b>Office Closed</b></p>
<p><b>26</b></p> <p>Ravinder Brar, MD Orthopaedics</p> <p>Cindy Chang, MD Sports Medicine</p> <p>Eric Freitag, PsyD Concussion</p> <p>Jordan Virbalas, MD Otolaryngology (ENT)</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Jennifer Olson, MD Endocrinology</p> <p>Mala Setty, MD Susan Hilk, NP Gastroenterology</p> <p>Hematology/Oncology</p>	<p><b>27</b></p> <p>Sanjeev Sabharwal, MD Orthopaedics</p> <p>Cindy Chang, MD Sports Medicine</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Christina Lo, MD Nephrology</p> <p>Daniel Birnbaum, MD Bernice Cheng, PNP Neurology</p> <p>Chau Tai, MD Plastic &amp; Hand Surgery</p>	<p><b>28</b></p> <p>Nirav Pandya, MD Orthopaedics</p> <p>David Conrad, MD Otolaryngology (ENT)</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Arathi Lakhole, MD Sabina Ali, MD Gastroenterology</p> <p>Chau Tai, MD Plastic &amp; Hand Surgery</p>	<p><b>29</b></p> <p>Sabina Ali, MD Gastroenterology</p> <p>Sunghoon Kim, MD Surgery</p> <p>Hematology/Oncology</p>	<p><b>30</b></p> <p>Jason Jagodzinski, MD Orthopaedics</p> <p>Jordan Virbalas, MD Otolaryngology (ENT)</p> <p>Katharine Meddles, MD Neurology</p> <p>Gregg Helton, MD Lisa Arcilla, MD Christopher Chyu, MD Cardiology</p> <p>Sabina Ali, MD Gastroenterology</p> <p>Nicole Kittler, MD Dermatology</p> <p>Gail Seche, RD Nutrition</p>