

1/9/18 "Make-A-Wish – Greater Bay Area"

Presented by: Elizabeth "Beth" Nolan

Program Director

In a recent study, researchers used the Positive and Negative Affect Schedule for Children, the Life Orientation Test-Revised and the Herth Hope Index to measure the effects of wishes on children with cancer. They found significant improvements in hope, positive emotions, health-related quality of life and anxiety when children received wishes. Make-a-Wish Greater Bay Area will review eligibility criteria, the referral process and the physician's role in the Make-A-Wish medical authorization and wish granting process. Hear about the impact of a wish from a wish child and family and their referring physician (from UCSF-Oakland). **This Grand Rounds is not designated for CME.**

1/16/18 "Cognitive Behavioral Therapy (CBT) for Pediatric Pain and Illness"

Presented by: Rachel Zoffness, PhD

Child Psychologist - Pediatric Pain and Illness
Berkeley, CA (private practice)

Objectives:

1. List the basic model and principles of Cognitive Behavioral Therapy (CBT) for pediatric pain and illness.
2. Recognize the relationship between mood, stress, anxiety and pain/illness, and how to make this information child-friendly.
3. Assess guidelines for coaching parents of children with chronic pain/illness.
4. Identify patients who would benefit from CBT, and when to make referrals.

1/23/18 "Introduction to Restorative Justice for Young People"

Presented by: sujatha baliga

Vice President, Impact Justice;
Director, Restorative Justice Project

Objectives:

1. Recognize restorative justice and cite examples of effective applications with young people locally, nationally and internationally.
2. Identify how restorative justice is an effective approach to addressing harm and crime among young victims and offenders.
3. Explain the reasons why traditional health care funders (i.e. The California Endowment and others) have taken an interest in restorative justice.

1/30/18 TBA

Grand Rounds takes place in the Outpatient Center Auditorium, 8:00-9:00 am (unless otherwise noted).

UCSF Benioff Children's Hospital Oakland is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

UCSF Benioff Children's Hospital Oakland designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.