

4/7/20 "Breaking the Pain Cycle with Cognitive Behavioral Therapy (CBT)"

Presented by: Rachel Zoffness, PhD

Pain Psychologist
Assistant Clinical Professor
UCSF School of Medicine

Objectives:

1. Describe the biopsychosocial model of pain.
2. Examine ways to "explain pain" to youth and families using neuroscience and metaphor.
3. Name 2 strategies used in Cognitive Behavioral Therapy (CBT) to help youth manage illness and ameliorate pain.

4/14/20 "COVID19: Testing and Protection Protocols"

Presented by:

Erica Pan, MD
Public Health Department Director, Division of
Communicable Disease Control & Prevention;
Deputy Health Officer
Alameda County Health Care Services Agency

AND Ann Petru, MD
Director, Infectious Diseases; Director, Pediatric HIV/AIDS
Program
UCSF Benioff Children's Hospital Oakland

Objectives:

1. Describe the epidemiology of COVID19.
2. Explain why COVID19 was declared a pandemic.
3. Identify which patients should undergo testing for COVID19 and the protocol for testing.
4. Identify steps healthcare providers can take in protecting themselves against COVID19.

4/21/20 "Precocious Puberty"

Presented by: Rachel Kadakia, MD

Assistant Professor, Pediatrics
UCSF School of Medicine

Objectives:

1. Accurately identify a child's Tanner stage for pubic hair, testicular size, and breast development to determine which children need further evaluation for precocious puberty.
2. Improve ability to choose and interpret appropriate laboratory and/or imaging orders to evaluate for precocious puberty.
3. Distinguish causes of central precocious puberty vs. peripheral precocious puberty for improved differential diagnoses.

4/28/20 "Center of Excellence for Immigrant Child Health and Wellbeing: A Cross-bay Initiative"

Presented by: UCSF Benioff Children's Hospital Oakland

Zarin Noor, MD, MPH
Pediatrics

Juan Gutierrez, MD, MPH
Pediatrics

Chela Rios Muñoz, LCSW
Neonatal Follow up

Objectives:

1. Recognize migration and immigration status as a social determinant of health.
2. Examine how the latest policies impact the health of immigrant children and families.
3. Apply strategies to mitigate harm using public charge as an example.
4. Identify how the Center of Excellence for Immigrant Child Health and Wellbeing addresses the health care needs of immigrant children.

Grand Rounds is by Zoom only. 8-9 am: <https://ucsf.zoom.us/j/521340102> Meeting ID: 521 340 102 or dial (669) 900-6833 or (646) 558-8656

UCSF Benioff Children's Hospital Oakland is accredited by the California Medical Association to provide continuing medical education for physicians.

UCSF Benioff Children's Hospital Oakland designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For CME credit, evaluations must be completed and sent to Cristina.Fernandez@ucsf.edu by 6pm on the day of the Grand Rounds.