Opening Night Reception
Friday, Nov. 2, 2018
COURSE DESCRIPTION

The Monterey Bay is famous for its beautiful coastline and its many recreational attractions. This conference offers a rich learning opportunity in a pleasant and relaxing setting. Our speakers include both recognized experts in pediatrics and specialists from around the country as well as UCSF Benioff Children’s Hospitals. The program will provide pediatricians, family practitioners, nurses, nurse practitioners, and other allied health professionals with the latest information on the diagnosis, assessment, treatment and prevention of several medical, social and environmental conditions of infants, children and adolescents.

Our speakers will discuss the following pediatric topics under the theme “Cutting Edge of 21st Century Pediatrics”:

- Health and our Environment – How climate change affects infectious disease epidemiology and management
- Health and our Social Environment – The role of social media in children’s lives and how pediatricians respond to fluid gender identity
- Health and our Medical Environment – The best practice goals related to genetics and autism spectrum disorders
- The integrative approach to management of Diabetes 1 and 2
- Hypertension: The latest guidelines for the pediatric office

The conference format combines concise didactic sessions, case presentations, question/answer sessions, and breakout sessions.

OBJECTIVES

This symposium will enable the practitioner to:

- Utilize best practices for counseling patients and caregivers on screen time management.
- Choose appropriate management pathways for different grades of hydronephrosis.
- Apply current hypertension guidelines to make diagnostic and treatment decisions.
- Describe current closed-loop systems that are available or under investigation for the treatment of type 1 diabetes.
- Identify new therapeutic options for severe atopic dermatitis by reviewing recent literature.
- Examine current diagnostic criteria for ASD (autism spectrum disorder) and approaches to diagnostic evaluation.
- Discuss how co-occurring medical conditions are common in ASD/ID (intellectual disability) and may contribute to symptom presentation and management.
- Identify major clinical changes in the 2018 Red Book.
- Use local public health surveillance to predict infectious diseases related to climate.
- Describe the major types of genome-scale genetic testing in pediatrics.
- Demonstrate ways to support families and communities in promoting healthy gender development.
- Explain terminology that youth use to express their gender or sexual identities.

ACCREDITATION

UCSF Benioff Children’s Hospital Oakland is accredited by the Institute of Medical Quality and the California Medical Association to provide continuing medical education for physicians. UCSF Benioff Children’s Hospital Oakland takes responsibility for the content, quality and scientific integrity of this CME activity in accordance with the Accreditation Council for Continuing Medical Education (ACCME) guidelines for continuing medical education.

UCSF Benioff Children’s Hospital Oakland designates this live activity for a maximum of 15 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This course is also offered through the Nursing Continuing Education Program of UCSF Benioff Children’s Hospital Oakland. Provider approved by the California Board of Registered Nurses, Provider Number 00374 for 15 contact hours.

NEW! Now offering ABP MOC Part 2 Points.

Successful completion of this CME activity, which requires participants to provide feedback to the CME provider, enables the participant to earn 15 Part 2 points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

CONFERENCE REGISTRATION

Early registration is advised. Online registration is encouraged and available by credit card. Registration payments made by check must be mailed with the Conference Registration Form. The program fee includes attendance at the conference, refreshment breaks and Friday’s luncheon and the Welcome Reception for registrants after Friday’s session.

DEADLINES & REFUNDS

The registration deadline is October 1, 2018. Registrations received after October 1 will be subject to availability. Please contact Cristina Fernandez, CME Coordinator. Cancellations prior to October 1 will be subject to a $75 service fee. No refunds will be given for cancellations after October 1, 2018.

Additional Information:
Cristina Fernandez, CME Coordinator
Continuing Medical Education Dept.
UCSF Benioff Children’s Hospital Oakland
747 52nd St., Oakland, CA 94609-1809
510-428-3885, ext. 4343 or 510-428-3232
Fax: 510-597-7091; Email: crfernandez@mail.cho.org

Disclosure: UCSF Benioff Children’s Hospital Oakland adheres to the ACCME standards for commercial support of continuing medical education, and disclosure of faculty and commercial support relationships. Any limitations of data and/or off-label, unlabeled/uninvestigated, and/or experimental use of commercial product discussed as part of the presentations will be made known at the activity. UCSF Benioff Children’s Hospital Oakland assumes no professional and/or personal liability for the recommendation made at this continuing medical education activity.
# Conference Schedule

## FRIDAY, NOVEMBER 2, 2018

**Questions and Answers:** Each presentation will conclude with a 10 minute Question and Answer period.

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a.m.</td>
<td>Breakfast and Registration</td>
<td></td>
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<tr>
<td>8:10 a.m.</td>
<td>Welcome and Introduction</td>
<td></td>
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<tr>
<td>8:20 a.m.</td>
<td>What’s New in the 2018 Red Book? Infectious Disease Update</td>
<td>Yvonne Maldonado, MD</td>
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<tr>
<td>9:20 a.m.</td>
<td>Caring for Gender Nonconforming Children and Youth</td>
<td>Ilana Sherer, MD</td>
</tr>
<tr>
<td>10:20 a.m.</td>
<td>Break</td>
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<tr>
<td>10:40 a.m.</td>
<td>The Elephant in the Exam Room: Addressing Parent and Child Mobile Device Use</td>
<td>Danielle Erkoboni, MD</td>
</tr>
<tr>
<td>11:40 a.m.</td>
<td>Lunch</td>
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<tr>
<td>12:10 p.m.</td>
<td>Lunch Lecture: Best Practices for the Lifelong Journey of Type 2 Diabetes</td>
<td>Maureen McGrath, PNP</td>
</tr>
<tr>
<td>1:20 p.m.</td>
<td>Grim Forecasts: The Impact of Climate Change on Infectious Disease</td>
<td>Yvonne Maldonado, MD</td>
</tr>
<tr>
<td>2:20 p.m.</td>
<td>Breakout Session I: What Siri Can’t Tell You about Families, Children and Social Media</td>
<td>Danielle Erkoboni, MD</td>
</tr>
<tr>
<td>3:05 p.m.</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>3:10 p.m.</td>
<td>Breakout Session II: Beyond the Binary: Millennials, Gender, and Sexuality</td>
<td>Ilana Sherer, MD</td>
</tr>
<tr>
<td>4:00 p.m.</td>
<td>Adjourn</td>
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## SATURDAY, NOVEMBER 3, 2018

**Questions and Answers:** Each presentation will conclude with a 15 minute Question and Answer period.

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>7:30 a.m.</td>
<td>Breakfast</td>
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</tr>
<tr>
<td>8:00 a.m.</td>
<td>How Sweet It Is! Current approaches to Type 1 Diabetes</td>
<td>Bruce Buckingham, MD</td>
</tr>
<tr>
<td>9:05 a.m.</td>
<td>Diagnosis and Treatment of Hydronephrosis</td>
<td>Paul Brakeman, MD</td>
</tr>
<tr>
<td>10:10 a.m.</td>
<td>Break</td>
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</tr>
<tr>
<td>10:25 a.m.</td>
<td>Dermatology in Review: The 10 Latest Articles to Read Now</td>
<td>Renee Howard, MD</td>
</tr>
<tr>
<td>11:30 a.m.</td>
<td>Newest Guidelines for Pediatric Hypertension</td>
<td>Paul Brakeman, MD</td>
</tr>
<tr>
<td>12:35 p.m.</td>
<td>Adjourn</td>
<td></td>
</tr>
</tbody>
</table>

## SUNDAY, NOVEMBER 4, 2018

**Questions and Answers:** Each presentation will conclude with a 15 minute Question and Answer period.

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a.m.</td>
<td>Breakfast</td>
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<tr>
<td>8:00 a.m.</td>
<td>At the Cutting Edge of Autism Diagnosis with a Blunt Instrument: Autism and DSM-5</td>
<td>Bryan King, MD</td>
</tr>
<tr>
<td>9:05 a.m.</td>
<td>What the Exome? Genomics in Modern Pediatrics</td>
<td>Bryce Mendelsohn, MD</td>
</tr>
<tr>
<td>10:10 a.m.</td>
<td>Break</td>
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</tr>
<tr>
<td>10:25 a.m.</td>
<td>21st Century Autism Challenges: Juggling the Assessment and Treatment of Co-occurring Conditions</td>
<td>Bryan King, MD</td>
</tr>
<tr>
<td>11:30 a.m.</td>
<td>Drugs &amp; Genetics: Why Some People Respond to Psychotropic Drugs Differently</td>
<td>Bryce Mendelsohn, MD</td>
</tr>
<tr>
<td>12:35 p.m.</td>
<td>Adjourn</td>
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</table>
The meeting will be held at the Embassy Suites by Hilton Monterey Bay Seaside, located just two blocks from the beachfront in stunning Seaside, California. This location offers spectacular bay views, indoor pool, fully-equipped fitness center, and a stunning open-air atrium lobby, as well as fine accommodation options. Hotel guests can enjoy free cooked-to-order breakfast, complimentary appetizers and beverages at the nightly evening reception, and every room is a two-room suite.

Hotel reservations can be made two ways:
1. Go to: www.bitly.com/montereyhotel2018
2. Or call 1-800-EMBASSY (1-800-362-2779) and referencing group code “BCO”

To get the group discount rate, reservations must be received by Oct. 1, 2018. Reservations requested after this date will be handled on a space availability basis at prevailing rates. Included in this group rate are many luxurious amenities. Hotel details can be found at www.bitly.com/monterey2018-embassy.

Conference Rates:
Single/Double occupancy: $194
Triple occupancy: $214
Quadruple occupancy: $234

Opening Night Welcome Reception
Friday, November 2, 2018 5:00–7:00 p.m.

This year the CME Committee at UCSF Benioff Children’s Hospital Oakland will host an on-site social event for all conference attendees. This will be an opportunity to mingle and network with faculty, colleagues and the conference planning committee. This event is complimentary for registered conference attendees only and will include wine, cheese, hors d’oeuvres, dessert and entertainment.

There is a minimal charge for guests of conference attendees.

Please refer to the Conference Registration Form for reservation information.
Provide your name as you would like it to appear on your badge. Please print clearly.

Name _______________________________________________________

Degree _______________________________________________________

ABP ID # for Part 2 MOC Points (MDs only) ______________________

License # (Nurses only) _______________________________________  

Address ______________________________________________________

City _______ State _______ Zip _______

Phone (_____) __________________________

Email _________________________________________________________

CONFERENCE TUITION:  

<table>
<thead>
<tr>
<th></th>
<th>Early reg. by Aug. 1</th>
<th>Aug. 2- Oct. 1*</th>
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</thead>
<tbody>
<tr>
<td>Physicians**</td>
<td>$470</td>
<td>$525</td>
</tr>
<tr>
<td>Nurse Practitioners and Allied Health Professionals**</td>
<td>$320</td>
<td>$375</td>
</tr>
<tr>
<td>Residents</td>
<td>$150</td>
<td>$205</td>
</tr>
<tr>
<td>Emeritus Physicians/ Allied Health Professionals</td>
<td>$200</td>
<td>$255</td>
</tr>
<tr>
<td>Printed Conference Binder</td>
<td>$50</td>
<td></td>
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</tbody>
</table>

*Deadline for registration is October 1, 2018 (Registrations received after October 1 will be subject to availability. Please contact Cristina Fernandez, CME Coordinator.)

**UCSF Benioff Children’s Hospital Oakland hospital based physicians and employees are eligible for a 5% discount for online early registration only.

Fee registrants only: Registration includes attendance at meetings, a flash drive with program materials, a CME Certification of Attendance or Certification of Participation, refreshment breaks, Friday’s luncheon and Welcome Reception.

GUEST MEAL PASSES:

Lunch passes for Friday, Nov. 2, 2018 are available for guests that accompany conference participants. Please indicate below the number of passes you wish to purchase.

No. _______ x $40 = ____________

OPENING NIGHT WELCOME RECEPTION:

This event will be held on Friday, November 2, 5:00-7:00 p.m. at the Embassy Suites Seaside. Reserve your space by October 1, 2018.

☐ I plan to attend the Opening Night Welcome Reception
☐ I will bring ______ guests ($20 per guest)

TOTAL FEES:

Conference Tuition: $________________
Guest Lunch Total: $________________
Guest Opening Night Welcome Reception: $________________
Printed Conference Binder ($50): $________________

TOTAL AMOUNT ENCLOSED: $________________

PAYMENT:

☐ Visa ☐ MasterCard ☐ American Express ☐ Discover

Credit Card # __________________________
Exp. Date ____________ Security Code (on back of card): __________

Name (as it appears on card) _______________________________________

Billing Address ___________________________________________________

City __________________________ State _______ Zip _________________

Phone ☐ Day ☐ Evening (_____) ____________________________

Signature _______________________________________________________

Enclosed is a check made payable to:
UCSF Benioff Children’s Hospital Oakland

HOTEL RESERVATIONS:

Hotel reservations can be made two ways:
1. Go to: www.bitly.com/montereyhotel2018
2. Or call 1-800-EMBASSY (1-800-362-2779) and referencing group code “BCO”

Embassy Suites by Hilton
Monterey Bay Seaside
1441 Canyon Del Rey
Seaside, California, 93955 USA

Please complete form and mail with payment to:
UCSF Benioff Children’s Hospital Oakland
Attn: Cristina Fernandez, CME Dept.
747 52nd St., Oakland, CA 94609-1809

or

Please complete form with credit card information and fax to:
(510) 597-7091

or

Register online at: www.bitly.com/montereyconf2018
TIME SENSITIVE

48TH ANNUAL MONTEREY CONFERENCE
NOV. 2-4, 2018

CONFERENCE FACULTY

GUEST FACULTY

Bruce Buckingham, MD
Professor of Pediatrics, Department of Endocrinology, Lucile Packard Children's Hospital at Stanford

Danielle Erkoboni, MD
Attending Physician and Clinician Scientist, Children’s Hospital of Philadelphia

Yvonne Maldonado, MD
Senior Associate Dean for Faculty Development and Diversity; Professor of Pediatrics and Health Research and Policy Chief, Division of Pediatric Infectious Diseases; Stanford University School of Medicine; Berger-Raynolds Distinguished Fellow; and Attending Physician, Lucile Packard Children’s Hospital at Stanford

UCSF BENIOFF CHILDREN'S HOSPITALS FACULTY

Paul Brakeman, MD
Pediatric Nephrology, UCSF Benioff Children’s Hospital Oakland

Renee Howard, MD
Professor of Dermatology, UCSF; and Director of Dermatology, UCSF Benioff Children’s Hospital Oakland

Bryan H. King, MD, MBA
Robert Porter Distinguished Professor and Vice Chair, Child and Adolescent Psychiatry; Vice President, Child Behavioral Health Services, UCSF Benioff Children’s Hospitals, UCSF Department of Psychiatry, UCSF Weill Institute for Neurosciences

Maureen McGrath, RN, MS, PNP-BC
Associate Clinical Professor, UCSF School of Nursing

Bryce Mendelsohn, MD, PhD
Medical Geneticist, UCSF Benioff Children’s Hospitals

Ilana Sherer, MD
Adolescent Medicine, UCSF Benioff Children’s Hospitals

CME COMMITTEE

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Jennifer Louie, MD
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Cristina Fernandez, CME Coordinator
Céline Sparrow, MD - Chief Resident
Nicole Suleiman, MD - Chief Resident