

Referral Guidelines for Obesity				
LABS	VALUES	REFER to HEAL CLINIC	REFER TO ENDOCRINOLOGY	RECOMMENDATION
Obesity (BMI >85% for age)	Elevated TSH > 4.5 and <10	NO	NO	Repeat TSH in one month with anti-thyroid peroxidase (TPO) and anti-thyroglobulin (TGB) antibodies
	If (-) antibodies	YES		
	If (+) antibodies		YES	
Abnormal HbA1c	5.7% to 6.4%	YES		
	>= 6.5%		YES	
Fasting Insulin	Elevated	YES		